



Learn and practice skills in:

- Effective communication
- Awareness, attunement, empathy
- ABC's of attachment
- Developmental stages
- Parenting styles
- Discipline

Fridays 7:00pm – 8:30pm

New Beginnings Counseling Center

324 E. Carrillo St., Suite C

Starting: February 23rd, 2018 (for 8 weeks)

\$ 20 per session, per person

Register: by February 16th, 2017

Robert Barrera, Practicum Student

Jesse Quirino, Practicum Student

(805) 963-7777, ext. 130 or 126

To be in your children's memories tomorrow,
You have to be in their lives today.

-Unknown