



Immediate Release
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New Beginnings Counseling Center Hires Crystal Ramirez, PhD, MFT



(SANTA BARBARA, Calif.) – New Beginnings Counseling Center is excited to announce the selection of Dr. Crystal Ramirez as our new Clinical Director.

Crystal Ramirez, PhD, MFT joins New Beginnings bringing a wide variety of clinical, supervisory, and management experience in the community, most recently from the Santa Barbara County Department of Behavioral Wellness, where she worked as Regional Manager, Team Supervisor of CARES South, and Practitioner on the Homeless Outreach and Justice Alliance teams.

Dr. Ramirez has also served as a Clinical Supervisor at the Salvation Army, worked as the Assistant Manager of Mountain House at Crescend (formerly Phoenix), and been a lead counselor and Children's Program Clinical Coordinator at Domestic Violence Solutions.

Dr. Ramirez holds a Marriage and Family Therapy license and has a B.A. in Sociology and Psychology from UCSB; a Masters in Counseling Psychology from Pacifica; and a Doctorate in Depth Psychology with Emphasis in Psychotherapy from Pacifica. Her dissertation research focused on the subjective experiences of people with psychotic disorders and has been presented at professional conferences internationally and domestically.

“We are so excited to bring on Dr. Ramirez as the new director of our counseling clinic,” shared Kristine Schwarz, Executive Director of New Beginnings Counseling Center. “Crystal’s depth of experience and her knowledge of local mental health treatment services will help New Beginnings to build upon our existing community partnerships and enhance the preparedness of the area’s next generation of mental health practitioners.”

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New Beginnings Counseling Center provides quality, affordable counseling, shelter, case management and education that strengthens our community and provides our clients with the ability to lead healthy and productive lives. New Beginnings Counseling Center, located at 324 East Carrillo Street, Suite C, Santa Barbara, CA 93101, (805) 963-7777, is a nonprofit 501(c)(3) organization. For more information or to make a donation, visit www.sbnbcc.org.